



# Indian Woods Volleyball

Fall 2019

**Head Coach - Wade Welton**

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**Assistant Coach - Susan McCullough**

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**Assistant Coach - Kristin Ragsdale**

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**Assistant Coach - Mackenzie Lancaster**

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## Remind App for communications:

Using your smartphone browser, go to [rmd.at/7k96gk](http://rmd.at/7k96gk) and sign up or text @7k96gk to 81010.

## Paperwork Requirements:

- Sports Packet (on-line)
- Field Trip Waiver ("A" teams only)

## Parent Meeting:

- August 12th
- 7:00 PM
- IW Main Gym

## Tryouts:

- Aug. 19, 20, 21
- 3:50 PM - 5:30 PM
- There are 3 "A" teams (12 players each max) which will play other Shawnee Mission Middle Schools
- Students cannot try out if sports packets are not turned in!!!!!!

## Practice:

- Practices for "A" teams are held daily from 3:50 pm-5:30 pm
- No practice for "A" teams or instructional teams on early dismissal days or no school days
- Students who miss practice the day before a game (excused or unexcused) will not be allowed to START the game.
- All absences must be e-mailed to Coach Welton at [wadeawelton@smsd.org](mailto:wadeawelton@smsd.org).
- **Please try to ensure athletes are picked up promptly after practice**

TURN OVER FOR MORE TEAM INFORMATION

## "A" Games:

- Games are played during the week (see schedule below)
- Students will ride the bus to away games and must be **SIGNED OUT BY PARENTS/GUARDIANS** or ride the bus back to Indian Woods.

## Eligibility:

- **School comes first!**
- Students must have no more than 1 F to be eligible during the season and no behavior issues. Students with an "F" will not be eligible to START the game.
- **KSHAA RULES: PLAYERS MAY NOT BE ROSTERED ON A CLUB TEAM AND PARTICIPATE**

## Uniforms:

- Practice: Shorts, long/short sleeve t shirt, knee pads, tennis shoes
- Game: Black Spandex shorts (min 4" long) or black athletic shorts. One jersey will be provided by Indian Woods. ("A" teams only)

## Rules:

- Players are expected to be respectful at all times.
- Players are expected to participate in practice every day unless they have a pre-approved excuse.
- All absences must be e-mailed to Coach Welton at [wadeawelton@smsd.org](mailto:wadeawelton@smsd.org).
- Players are responsible for the care of jerseys and must be returned at the end of the season.

## **Instructional League:**

- Players not chosen for an "A" team will be placed on an instructional team.
- Number of teams dependent on amount of girls
- Instructional practice for the first 2 weeks, then games played at IW against other instructional teams
- Shirts provided by Indian Woods

## Practice/Games:

- Tuesdays & Thursdays (3:50-5:30): The number of practices vs games per week will be dependent on the number of instructional teams.
- Coaches will rotate Instructional duties
- Games to be refereed by a coach/coaches